Wellness Living-Learning Community

The Wellness Living Learning Community (WLLC) is a community of students who live together and have a common interest in health and wellness. The WLLC brings students together to create a community focused on building lifestyles that embody all dimensions of wellness—physical, emotional, intellectual, social, environmental, occupational, financial, and spiritual. In addition, students have the opportunity to take what they have learned in the classroom and complete service learning projects designed to improve the health of the surrounding community. Participants in the WLLC will thrive in an environment where personal wellness is supported through education and engagement.

The WLLC is open to all incoming freshmen living on campus who seek to reside within a community that promotes total wellness and responsible decision-making. Students do not need to be in a health-related major in order to apply.

Program Goals: Although each student's experience is different, WLLC participants will have the unique opportunity to connect with students, faculty and staff who all have an interest in health and wellness. Other benefits include:

• The opportunity to take required health and exercise classes with fellow community members.
• Contact with a second-year mentor who will assist in your college experience.
• Participation in social activities related to personal interests.
• Meeting and networking with people who have a common goal.
• Developing a network of lifelong friendships.

For additional information, utilize the following link(s):
http://www.ecu.edu/wllc
wllc@ecu.edu
252-328-5771